



KNOWLEDGE | WISDOM | HUMANITY | ACADEMIC FREEDOM | COURAGE | PIONEERING SPIRIT

Our Five ClinPsyD Modules

Module Identities, Descriptions, and Learning Outcomes

Clinical Psychology for Adults Across Settings

Learning Outcomes

1. Comprehensively and collaboratively assess risk within adult populations, across a variety of settings.
2. Develop competency in Cognitive Behavioural Therapy (CBT), applying CBT theory, skills, and models in a variety of adult populations.
3. Apply core principles of psychological assessment, formulation, intervention, and evaluation for common mental health presentations and adapt disorder-specific models to meet the needs of minoritised groups.
4. Robustly engage with and apprise psychological research, clinical guidance, and relevant policies for adult populations.
5. Critically consider the role of social determinants, policy, and sociocultural narratives that influence the mental health and wellbeing of adult populations across settings, with an awareness of the value of experts-by-experience in mental health research and practice.

Module Purpose: The primary purpose of this module is to provide trainees with a comprehensive understanding of the assessment, formation, and intervention of mental health issues within adult populations. Emphasis is placed on the application of CBT and the Manchester Models to meet the varied needs of people across settings and contexts.

Module Identity

This module is designed to provide an advanced understanding and practical skill set for clinical psychology trainees, focusing on adult mental health. We aim to equip trainees with the necessary tools to comprehensively and collaboratively assess risk within diverse adult populations across various clinical and community settings. Trainees will engage with CBT theory and practice, learning to apply CBT principles and techniques effectively across a range of adult populations, including those with complex and co-occurring mental health issues.

Trainees will gain proficiency in core psychological assessment, formulation, intervention, and evaluation techniques. They will learn to adapt the Manchester Models to address the unique needs of minoritised groups, ensuring culturally sensitive and inclusive practice. A critical component of this module is the robust engagement with contemporary psychological research, clinical guidelines, and relevant policies pertinent to adult mental health. Trainees will be encouraged to stay abreast of the latest developments and integrate evidence-based practices into their clinical work.

Furthermore, the module will prompt trainees to critically examine the influence of social determinants, policies, and sociocultural narratives on the mental health and wellbeing of

adults. Trainees will appreciate the significant contributions of experts-by-experience in shaping mental health research and practice, recognising the value of lived experiences in enhancing clinical outcomes. By the end of this module, trainees will be well-prepared to apply a holistic and integrative approach to adult mental health, grounded in the principles of CBT, rigorous research, and an acute awareness of the broader social context affecting mental health.

Module Team

Senior Module Coordinator: Brendan Dunlop
With Christy Laganis, Daisy Carter, Dan Pratt

Later Life, Learning Disability, Health and Clinical Neuropsychology

Learning Outcomes

1. Understand the role of clinical psychologists in multidisciplinary health settings, integrating theories, assessments, and interventions tailored to diverse health challenges.
2. Demonstrate comprehensive knowledge of brain development, structures, and functions, and proficiently apply assessment and intervention strategies in neuropsychological contexts, including specialized roles within clinical services.
3. Analyse the physiological and psychological impacts of ageing, evaluating family and relational dynamics and healthcare complexities, adeptly adapting psychological approaches to meet the needs of older adults.
4. Establish advanced understanding of historical and contemporary service contexts, theoretical foundations, clinical roles within complex systems, assessment and intervention strategies, formulation skills, collaborative practices, and empathetic integration of user perspectives in supporting people with learning disabilities.
5. Critically evaluate ethical dilemmas, including abuse risks in care contexts, and integrate current research to enhance assessment, formulation, and intervention strategies across diverse client groups.

Module Purpose: The purpose of this module is to develop clinical psychologists who are well-versed in the psychological assessment, intervention, and support of individuals across various life stages and conditions. The module covers theoretical foundations, practical skills, and the role of clinical psychologists within multidisciplinary teams, ensuring trainees are prepared to contribute effectively in diverse clinical settings.

Module Identity

Multidisciplinary Settings: Trainees will gain a comprehensive understanding of the multifaceted role clinical psychologists play within multidisciplinary health and social care settings. This includes the integration of diverse theories, assessments, and interventions tailored to address a wide array of health and social care challenges. Emphasis is placed on collaborative practices and holistic patient care.

Neuropsychological Expertise: Trainees will demonstrate extensive knowledge of brain development, structures, and functions. They will proficiently apply neuropsychological assessment and intervention strategies, understanding the specialised roles clinical psychologists fulfil within neuropsychological services. This encompasses both diagnostic and rehabilitative aspects, ensuring a robust application of neuropsychological principles in practice.

Psychological and Physiological Impacts of Ageing: Trainees will analyse the complex physiological and psychological impacts of ageing. They will evaluate family dynamics and the complexities of healthcare for older adults, adapting psychological approaches to meet these specific needs. This includes developing strategies to support cognitive and emotional health in older populations, interagency liaison and systemic formulation, enhancing quality of life through targeted interventions and consultation.

Working with People with Learning Disabilities: Trainees will establish an advanced understanding of both historical and contemporary service contexts for individuals with learning disabilities. This includes learning about and reflecting upon diverse population dynamics, theoretical foundations, and clinical roles within complex systems. Trainees will refine their assessment and intervention strategies, formulation skills, collaborative practices, and empathetic integration of user perspectives to effectively support this population.

Ethical Practice and Research Integration: Trainees will critically evaluate ethical dilemmas, such as the risks of abuse in care contexts, and integrate current research to enhance their assessment, formulation, and intervention strategies. This outcome ensures that trainees can navigate complex ethical landscapes and apply evidence-based practices across diverse client groups, safeguarding client welfare and promoting ethical integrity.

Module Team

Senior Module Coordinator: Lydia Morris

With Sheeba Ehsan, Ben Dawson, Alicia Picken, Jude Moss, Ceri Woodrow and Richard Brown

Clinical Psychology for Children, Young People and Families

Learning Outcomes

1. Critically engage with psychological models and theory to promote health and wellbeing for children, young people, and families.
2. Appraise the aetiology of young people's presentations in the context of their social milieu and social determinants, leading to collaborative formulation.
3. Critically interpret evidence-based approaches to psychological intervention strategies for children and young people at different ages, stages, and who may face specific challenges or intersectional inequalities.
4. Consider how public policy, safeguarding processes, and practice can be changed to make services more accessible to children, young people and families from diverse backgrounds and communities.
5. Develop skills in collaboration and consultation models to work systemically with families, colleagues, services, and systems to drive continual improvement in young people's services.

Module Purpose: Our purpose is to educate and empower trainees to become compassionate and knowledgeable scientist practitioners who can navigate the complexities of services for children, young people, and families to promote equality and wellbeing. This module strives to explore and apply approaches and adaptations to support psychological health for children, young people, and the people who care for them. Trainees will learn to engage critically with evidence-based approaches and develop strategies for care that are effective, inclusive and equitable.

Module Identity

Critically engage with psychological models and theory: Through critical engagement with the literature, trainees will learn to apply complex concepts to enhance the health and wellbeing of children, young people, and families. This process will equip trainees with the tools necessary to approach psychological health with curiosity and creativity.

Appraise the aetiology of young people's presentations: Trainees will develop advanced skills in collaborative individual and systemic formulation to inform child-focused intervention plans. Teaching emphasizes the importance of a collaborative formulation process mindful of individual environments and the influence of social determinants and intersectional inequalities, ensuring that the context of individual experience is fully considered throughout therapeutic engagement.

Critically interpret evidence-based approaches: Trainees will become proficient in evaluating and applying evidence-based psychological intervention strategies. This includes tailoring interventions to suit different ages and developmental stages, as well as addressing the specific challenges and intersectional inequalities that children and young people may encounter. Critical interpretation skills will inform flexible approaches to care that are theoretically sound, empathetic and adaptable.

Consider changes in public policy and practice: Accessibility and inclusivity are crucial components of effective psychological services. Trainees will explore how public policy and safeguarding processes can be reformed to make services more accessible to children, young people, and families from diverse backgrounds, preparing trainees to contribute to the creation of more equitable and supportive care environments.

Module Team

Senior Module Coordinator: Sarah Parry

With Sarah Collinge, Sara Tai and Sue Colegrave

Professional Development and Equality in Clinical Psychology

Learning Outcomes

1. Develop a critical awareness of and skills in relation to culture and the specific protected characteristics of Race, Sex, Gender, Disability, Age, Sexuality, Religion, Belief and Class in clinical psychology theory, research, and practice.
2. Critically reflect on personal and professional identity, assumptions and values, acknowledging how individual backgrounds and identities impact clinical work, research, and interactions with colleagues and clients.
3. Apply ethical principles and promote equal opportunities while engaging sensitively with clients, colleagues, and supervisors.
4. Integrate knowledge of social determinants of psychological health into comprehensive assessments and interventions, ensuring culturally competent and respectful engagement, recognising the value of lived experience and empowerment.
5. Demonstrate an advanced proficiency in critically analysing and contextualizing psychological constructs and theories within social and cultural frameworks to make informed clinical decisions.

Module Purpose: This module aims to cultivate professional competence and critical thinking, shaping future clinical psychologists who are not only proficient in theoretical and practical applications but also critically aware of the complex dimensions of privilege, power, position, and intersectionality that significantly influence the clinical psychology profession. Nurturing empathetic, culturally sensitive, and committed future leaders in clinical psychology, we aim to prepare our trainees to make meaningful contributions to the field of clinical psychology, ensuring equitable and effective care for all.

Module Identity

Critical Awareness and Skills Development: Trainees will develop an awareness of issues related to power and privilege, utilizing frameworks such as Social GRRRAACCEESSS, cultural humility, Minority Stress, and Queer Theory. This awareness is crucial for addressing psychological distress and promoting wellbeing within societal and service structures with recognised structural inequalities.

Culture and Protected Characteristics: The module emphasizes the importance of understanding and respecting the protected characteristics of Race, Sex, Gender, Disability, Age, Sexuality, Religion, Belief, and Class.

Reflective Practice on Identity and Assumptions: Trainees will engage in reflective practice individually and in groups to understand how their personal experiences, privilege, power, and intersectionality of identities influence their work. This includes critically reflecting on their assumptions and values to enhance their professional identity and work with others.

Engagement and Co-Production: The module promotes engagement with Experts by Experience in planning and evaluating psychological services, ensuring that the needs of diverse populations are met through inclusive perspective taking and collaboration.

Ethical Principles and Equal Opportunities: Trainees will gain knowledge of the HCPC Standards of Proficiency, BPS Code of Ethics, and NHS Constitution, emphasizing the importance of maintaining high standards of personal conduct, privacy, dignity, and respect in clinical practice.

Professional Responsibilities: Understanding ethical responsibilities, confidentiality, and professional boundaries, the module also highlights the importance of clinical governance and recognizing the role of clinical psychologists within broader systems.

Integration of Social Determinants in Practice: Trainees will learn to integrate knowledge of social determinants and abuses of power within mental health systems into their practice and research. This includes understanding the lived experiences of clients and the impact of social determinants on psychological health.

Lived Experience: Reflecting on the dual role of clinical psychologists as experts by training and experience is emphasized to foster empathy and cultural competence in clinical psychology.

Advanced Proficiency in Critical Analysis: Trainees will attain proficiency in critically analysing and contextualizing psychological constructs and theories within social and cultural frameworks. This skill is essential for making informed clinical decisions that are culturally sensitive and relevant.

Reflection and Hypothesizing: The module encourages trainees to reflect on their assumptions of similarity and difference, hypothesizing about their effects on clinical work. This includes integrating issues of power, privileged and equality into psychological assessments, formulations, and interventions.

Module Team

Senior Module Coordinator: Rosalyn Hartwell

With Dung Jidong, Yvonne Awenat, Katherine Berry and Sarah Parry

Research Methods

Learning Outcomes

1. Develop comprehensive awareness and skills in the application of diverse research methodologies within ethical and governance frameworks, encompassing quantitative, qualitative, collaborative and mixed methods.
2. Critically appraise and evaluate theory and evidence relating to the efficacy and experience of psychological interventions across settings.
3. Demonstrate the ability to select and appropriately apply research methods effectively to address complex research questions.
4. Competently engage with a wide range of research tools, including databases, registers, tests, measures, analytical frameworks, statistical procedures, and software.
5. Critically evaluate and integrate research findings and evidence to mobilise academic knowledge, and advance professional clinical practice and research, adhering to rigorous ethical and governance standards.

Module Purpose: To support trainees to develop advanced proficiency in research methodologies to critically evaluate and apply diverse approaches, enhancing understanding of interventions and theory relevant to clinical psychology, promoting ethical, evidence-based professional practice, research and leadership. The module ultimately aims to prepare trainees to undertake a high-quality doctoral thesis and work as scientist practitioners once qualified.

Module Identity

Comprehensive Awareness and Advanced Understanding: Trainees will develop a robust awareness and advanced understanding of various research methodologies. This includes quantitative methods such as experimental designs, surveys, and statistical analyses, as well as qualitative approaches like phenomenology, grounded theory, and thematic analysis. Through this, trainees will gain the ability to critically evaluate the strengths and limitations of different methods in relation to their applicability in clinical research.

Critical Appraisal of Theory and Evidence: Trainees will critically appraise theories and empirical evidence concerning the efficacy and experience of psychological theories and interventions. This involves examining the theoretical underpinnings of different psychological approaches, evaluating their empirical support, and synthesizing findings to inform evidence-based practice in clinical settings.

Engagement with Research Tools: The module will enable trainees to engage proficiently with a wide range of research tools. This includes accessing and utilizing databases, selecting appropriate tests and measures for assessing psychological constructs, applying statistical procedures to analyse data, and using specialized software for data management and analysis. Trainees will acquire practical skills necessary for conducting rigorous research and evaluation in clinical psychology.

Application of Research Methods: Trainees will demonstrate the ability to select and apply appropriate research methods effectively to address complex research questions in clinical psychology. This involves designing research studies that are methodologically rigorous and ethically sound, aligning research aims with professional practice priorities.

Integration of Research Findings and Ethical Practice: Trainees will critically evaluate and integrate research findings and evidence to enhance professional practice in clinical psychology. Emphasis will be placed on adhering to rigorous ethical and governance standards, including the conduct of service evaluations that contribute to improving clinical services and patient outcomes.

The module strives to help trainees develop advanced proficiency in research methodologies among trainers and trainees in clinical psychology. By fostering a critical understanding and application of diverse research approaches, the module seeks to enhance comprehension of interventions and theories relevant to clinical psychology. This will promote ethical, evidence-based professional practice, research excellence, and leadership within the field. Trainees will be equipped to contribute meaningfully to the advancement of clinical psychology through rigorous research and the application of research findings to professional practice and service delivery.

Module Team

Senior Module Coordinator: Anja Wittkowski

With Lesley-anne Carter, Zach Howarth, and Adam Danquhar